

### **Youth Activist Leadership Through Improv Comedy (limited to 25 participants)**

F1; 10:30 - 11:45 Youth Only

Sea Tea Improv is a Hartford-based comedy troupe that performs all over Connecticut. Improv is an accessible, interactive, and highly collaborative comedic art form. Making up comedy on the spot takes teamwork, flexibility, and a lot of courage. In this combination live comedy show and workshop, you'll learn how improv can help you trust and celebrate your own ideas, create supportive and compassionate communities, and find joy and empowerment in imaginative play. Whether you want to sit back and laugh or get up and take center stage yourself, come learn strategies to help you de-stress, build confidence, and improve relationships. *Brenna Harvey Lacey Byrne Caitlin Reese*

### **Becoming**

F3; 2:45 - 4:00 Youth Only

Becoming: A generative writing workshop that discusses what it means to become your truest self as an LGBTQIA person, and the differences and similarities in each of our individual experiences. Participants will use writing prompts to write their own poems that explore changing, growth, celebration, family, and healing *Kavi Ade*

### **Finding Your Power Through Storytelling**

S1; 10:30 - 11:45 Youth Only

This workshop focuses on understanding art as activism, the importance of writing ourselves and others onstage, and the power of finding your artistic voice.

### **Living Your Best Queer Life!**

S3; 2:45 - 4:00 Youth Only

What does it look like to live your best life? This workshop is designed for LGBTQ teens to open up and unwind. We'll talk about the causes and consequences of stress, and explore some helpful tips and tricks for managing negative emotions. Your best queer life is right around the corner! *Seth Wallace, LCSW Karis Slattery*

### **Dress Culture**

F1; 10:30 - 11:45 Youth Only (High School)

This workshop is about how dress code impacts rape culture. We will start off with a small activity, learn more about dress codes statewide, and wrap up with discussion about our personal experiences *Leesandra Mendoza*

### **Coping with Being Gender nonconforming in a conforming world**

F1; 10:30 - 11:45 Youth Only (High School)

This is a workshop for anyone who has difficulty coping with their nonconforming gender and feels misplaced in a generally conforming society. *Mistress Indigo Leo Valk*

### **¡Las Identidades LGBTQ en Español!**

F1; 10:30 - 11:45 Youth Only (High School)

This workshop will discuss LGBTQ identities and questions in Spanish. ¿Sabes la diferencias entre el travestismo y ser drag queen? ¿Quieres explicar a tus padres que "transgénero" no significa "gay"? ¿Cuál es la diferencia entre la "identidad" del género y la "expresión" de ello? En esta sesión utilizaremos "La Persona del Pan de Jengibre" para entender, y para ayudarles a otros a distinguir entre la sexualidad, la identidad de género, la expresión, y el sexo biológico. Vamos a discutir dificultades de la lengua español, desafíos en la comunidad

hispanohablante, y recursos que existe en español para nosotros y compartir con nuestras familias. *David Weinreb*

### **The Steps Towards Allied Success**

F1; 10:30 - 11:45 Youth Only (High School)

A workshop designed for allies, by allies, in an attempt to bridge the gap between the LGBTQ+ community, and those who support it. *Silvio Barnes Owen Silverman Ethan Clark*

### **Let's Talk: a conversation about ace and aro identities**

F1; 10:30 - 11:45 Youth Only (High School)

This will be an open discussion for humans who identify as asexual and aromantic, and humans that are still exploring these identities. Come join us if you want to share experiences, unpack questions, and connect with the community! *Sarah Dottor*

### **Help! Banking & Budgeting in the Digital World**

F1; 10:30 - 11:45 Youth Only (High School)

This interactive workshop teaches participants the fundamentals of banking and budgeting in today's digital world. This session will review checking and savings accounts, ATMs, debit and credit cards and have a breakout section with demonstrations on iPads. Attendees will also get a chance to meet and interact with LGBT+ professionals and their allies. *Steven Allen-Aro Casey Gaffney*

### **Rubberwear**

F1; 10:30 - 11:45 Youth Only (High School)

UConn's Rubberwear, a nationally recognized program, is an interactive workshop that addresses safer sex techniques. Students will be engaged in numerous activities, including a lubrication tasting, dental dam and condom demonstrations. Students will also have an opportunity to practice techniques to reduce STIs and pregnancies. Abstinence is a respected choice that will be discussed. Free give-a-ways will be provided!! *Joleen M. Nevers*

### **#relationshipgoals**

F1; 10:30 - 11:45 Youth Only (High School)

Whether you've got a bae or you're thinking of dating soon, it's important to figure out how to manage technology in relationships. Texting and social media make our relationships easier and harder. How much texting is too much? Is it okay for them to look through your DMs? Come talk to your peers about how to figure this stuff out. *Kelsey Alexander*

### **Queer Military**

F1; 10:30 - 11:45 Youth Only (High School)

The history of the United States military and the queer citizens within it of note. *Genevieve Ard*

### **Bringing Sexy Back... to Consent**

F1; 10:30 - 11:45 Youth Only (High School)

Consent doesn't have to be awkward and our peer educators from Planned Parenthood of Southern New England are here to help you figure it out! During this workshop participants will define what consent is and explore what it can look and sound like through discussion, games, videos, and role play scenarios. We will also

talk about healthy relationships and communication, including setting and holding sexual boundaries. TRIGGER WARNING: Talking about consent can be triggering to some people, please practice self-care. Some of PPFA's consent videos will be shown, which include kissing and showing of undergarments. *Brittany Huffman*

### **Mostly Straight, Sexually Fluid**

F1; 10:30 - 11:45 Youth Only (High School)

More youth identify as "mostly straight, sexually fluid" than identify as gay/lesbian/bisexual combined. As many as 20% of young women and 10% of young men say that they are straight with a "little bit" of gayness, reflected in their sexual attractions, fantasies, behavior, and crushes/romances. We will consider several stories of media stars and youth who are mostly straight. This is an opportunity to come together with like-minded youth to explore this new sexual frontier. *Ritch Savin-Williams*

### **Coming Out**

F1; 10:30 - 11:45 Youth Only (High School)

This workshop will use role playing to explore ways to create a safe coming out experience. Focused discussion and Q&A will allow people to share their own coming out stories and learn from each other. *Kjerstin Pugh Kira Turlington Ammon Downer*

### **Feeling My Self-Care: DIY Stress Relief Kit**

F1; 10:30 - 11:45 Youth Only (High School)

Got stress? Who doesn't! Have you ever thought about how you manage stress and other negative emotions? Come join our interactive workshop where you will get to visit different stations, try new activities and crafts designed to help you handle stressful situations, and decorate your own emergency self-care kit to take home. Whether you are a zen-master or a ball of stress, there's something for everyone! Space is limited to the first 20 people. *Jess Stepensky Joanna Flanagan Janaina Bordignon*

### **Overcoming Shyness and Social Anxiety**

F1; 10:30 - 11:45 Youth Only (High School)

Are you worried about saying the right thing, in the right way, at the right time? Do you find editing your words exhausting or that it distances you from others? Telling people what we think they want to hear robs us of our voice. It also alienates us from our true selves. After all, it's hard to be authentic when we're concerned about what others will think and how they'll react! This workshop offers helpful strategies for freeing ourselves from worries that get in the way of us becoming the amazing people we're meant to be. *Kenneth Cohen, Ph.D.*

### **Dance It Out**

F1; 10:30 - 11:45 Youth Only (High School)

Dance comes in many forms, or styles, similar to the way a person expresses their personality, attitude, and creativity. "Dance It Out" creates the safe space for self-expression through body movements to celebrate the individual, but also unite the group as a whole. Participants will have the opportunity to learn new moves, experience different types of music and meet new people. Dance, listen to music, have fun and de-stress! *Alyson Phelan Angelica Rivera I'deara Gordon*

### **Dealing with Substance Abuse as a Teen**

F1; 10:30 - 11:45 Youth Only (High School)

Group activities highlighting how rapidly addiction takes hold and building awareness to the significance of addiction in the LGBTQA community. Education around physiological consequences of substance abuse and current statistics within the LGBTQA youth community. Role play scenarios will be practiced to provide opportunities to practice refusal skills with peers. Local substance abuse and mental health treatment program options in CT will be provided. There will also be a Q&A and discussion around opiate crisis in CT. *Hannah Small-Oie Toni Storlazzi*

### **HIV 101**

F1; 10:30 - 11:45 Youth Only (High School)

A fun, interactive discussion on the latest HIV info including PrEP and U=U (undetectable is untransmittable). What YOU need to know to stay safe! *Bill Petrosky*

### **Building Your Dream School**

F2; 1:15 - 2:30 Youth Only (High School)

Building Your Dream School is a to empower high school students to make a difference in their educational environments! We will design the inclusive schools of our wildest dreams, then come together to find ways to make our creations a reality in our own lives, as well as share resources and tactics to make successful change. *Ellis McGinley Eli Kyle Grous Rebecca Mack*

### **Let's Talk: a conversation about bi and pan identities**

F2; 1:15 - 2:30 Youth Only (High School)

This will be an open discussion for humans who identify as bi and pan, whether that be romantically or sexually, and humans that are still exploring these identities. Come join us if you want to share experiences, unpack questions, and connect with the community! *Sarah Dottor*

### **Rubberwear**

F2; 1:15 - 2:30 Youth Only (High School)

UConn's Rubberwear, a nationally recognized program, is an interactive workshop that addresses safer sex techniques. Students will be engaged in numerous activities, including a lubrication tasting, dental dam and condom demonstrations. Students will also have an opportunity to practice techniques to reduce STIs and pregnancies. Abstinence is a respected choice that will be discussed. Free give-a-ways will be provided!! *Joleen M. Nevers*

### **Cloak of Invisibility**

F2; 1:15 - 2:30 Youth Only (High School)

Addressing Erasure of Asexual, Aromantic, Pansexual/romantic and Non-binary in LGBTQ+ Spaces *Ryleigh Rivas Bridget Cunningham*

### **Surviving Transphobia, Trans and Thriving**

F2; 1:15 - 2:30 Youth Only (High School)

This workshop is for transgender youth in Connecticut who are getting ready to step out into the world from under their parents' wings. We want to help you navigate the world as a trans person. This can be a confusing and even scary transition in your life, but you are not alone! We will teach trans youth their rights, offer

resources around health and healthcare, connect trans youth to support networks, and more. *Ross Jacobson  
Nataliya Braginsky*

### **“Boy, Bi”: Biphobic Things People Say and How to Respond**

F2; 1:15 - 2:30 Youth Only (High School)

We will discuss some of the biphobic comments that are made to members of the bisexual community, then pose ways in which we can frame responses. I will be speaking from personal experience in order to suggest brief responses to help others learn. The mission of the presentation is to not only debunk myths around bisexuality in the world, but also to start dissolving internalized biphobia that might exist in any participants.  
*Julia Anderson*

### **Can I Get Out Of This Alive? And Other Perfectly Normal Questions**

F2; 1:15 - 2:30 Youth Only (High School)

A workshop where you will talk about the hardships of high school, with techniques on how to get through them. We will discuss issues like gender identity, sexuality, how to deal with bullies, what to do when your parents don't understand you, and even what to do when that kid you've always had a crush on ends up disrespecting you. *Monica Brase Amoy King Nora Hedley*

### **The Gauntlet**

F2; 1:15 - 2:30 Youth Only (High School)

Interactive workshop featuring small groups developing questions about sex, religion, life, that are inappropriately asked by others. The room is then set up with chairs with half asking the questions and half answering to practice. This has been a workshop at TC for over 20 years! *Bob Brex*

### **Dear Anonymous**

F2; 1:15 - 2:30 Youth Only (High School)

Dear Anonymous is an open advice forum, available to any young high school student seeking peer support. The workshop will start with group introductions. Next, we will pass out pieces of paper where the workshopers will be able to write any questions, concerns, or required expressions. After all of the pieces of paper are collected, we will gather them together and read each of them to the group. From here we will open up the discussion to the group to allow everyone to discuss their relation to the question and openly share their stories.  
*Alex Raiola Mae Santillo*

### **Let's Talk: For Gay/Bi/Pan & Trans Boys**

F2; 1:15 - 2:30 Youth Only (High School)

No agenda, no outline. This is a chance for gay/bi/pan/trans boys to just meet and talk. *Ritch Savin-Williams*

### **LGBTQ+ Across Cultures**

F2; 1:15 - 2:30 Youth Only (High School)

Come join us and bring your story to an interactive discussion about queerness across different cultures. We will discuss what being LGBTQ+ looks like around the world and how gender & sexuality are influenced by culture.  
*Chris Stumper*

### **The Breakout Room**

F2; 1:15 - 2:30 Youth Only (High School)

Participants of the Breakout Room will be presented with a challenge to unlock the box. You must work together with your group to solve the puzzle and unlock the box. Participants will learn teambuilding, problem solving, critical thinking and delegation skills as they try to beat the clock to solve the mystery. Limit to 20 Participants *Jessica Collelo-Bibeau Cassandra Green Kristal Salisbury*

### **De-Stress for Success: Building Resilience through Wellness**

F2; 1:15 - 2:30 Youth Only (High School)

Life is stressful, and many of us experience what is called "minority stress" on top of homework, going to work, and whatever other "regular stress" we have. In this workshop, you will learn about and try several ways to build yourself up so that stress doesn't wear you down and learn how to develop your own personalized wellness plan, as well as how to keep it flexible. *Diane Verrochi*

### **Stories of the closet**

F2; 1:15 - 2:30 Youth Only (High School)

This workshop focuses on different experiences of coming out as LGBTQ, and will be an open discussion sharing such experiences and give peers the chance to offer advice and insight. *Jeydon Bicknell*

### **Genderbread**

F2; 1:15 - 2:30 Youth Only (High School)

A quick and fun workshop using gingerbread people to show the scale of gender identity. Each person will be able to decorate their cookie in their own likeness, and we will use the different cookies to show how gender isn't just male and female. *Zoe Gosselin David Schultz Jillian Goldberg*

### **The History of Drag & LGBTQ+ Music**

F2; 1:15 - 2:30 Youth Only (High School)

Where did drag come from? How has it evolved over time? Where does your favorite LGBTQ Anthem fit in? Come explore the long history of drag from ancient times to today! *MarQuel Woods Betsy Henderson George Mooney*

### **LGBTQ Kids Are Getting STDs: What YOU need to know NOW to stay Healthy.**

F3; 2:45 - 4:00 Youth Only (High School)

Age-appropriate discussion explaining the possible reasons for the major increase in STDs including among LGBTQ people and kids. Is it PrEP? Is it new "bugs?" Also learn what happens during an STD checkup and why a "regular" medical checkup doesn't always check for STDs! *Joshua I Rozovsky, MS*

### **I LIKE YOU: an introduction to the diverse types of attraction**

F3; 2:45 - 4:00 Youth Only (High School)

What is attraction? What is a crush? What is a squish? In this workshop, we will explore the differences and similarities between platonic, romantic, and sexual attraction. Often in society, these feelings are conflated and overlooked, but individual experiences are much more beautiful and diverse than that. Humans will also have a space to voice their questions and tell their stories about their unique experiences with attraction. *Sarah Dottor*

**Rubberwear**

F3; 2:45 - 4:00

Youth Only (High School)

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**What's It Like to "Come Out"?**

F3; 2:45 - 4:00

Youth Only (High School)

Sometimes in our busy daily lives we forget how important it is to be surrounded by love and support, and we can forget that others may not be so lucky. In this session, we will be looking at the story of an LGBTQ+ high school student as they begin the process of coming out, and learning how to empathize, support, and intervene when someone's coming out process may not go as planned. *Sarah Bouffard*

**Experience Your Nature As Healer**

F3; 2:45 - 4:00

Youth Only (High School)

This experiential workshop focuses on how our relationship with nature determines the quality of our lives and our world. We will tap our natural ability to receive wise council on personal and cultural challenges, and experience how nature recycles problems and offers fresh ideas, insights, and energy. *marlow*

**The Alliance**

F3; 2:45 - 4:00

Youth Only (High School)

Learn how to become a better friend and Ally and how to support friends and family in the LGBTQ community. *Kelly Wuzzardo Jillian Valeta Mimi Zschack*

**LGBTQ+ Representation in the Media**

F3; 2:45 - 4:00

Youth Only (High School)

Join us for a discussion surrounding LGBTQ+ characters and representations in the media we consume. We will discuss the gender roles and sexualities portrayed in our music, movies, and television programs and discuss what the media portrays as beautiful. *Chris Stumper*

**A Million Boxes Are Better Than One**

F3; 2:45 - 4:00

Youth Only (High School)

Language is constantly changing, expiring, and getting more inclusive. Sometimes this is confusing to people who don't understand the diversity within our community. Language is also so incredibly important to communication and building relationships, making it important to talk about. This presentation will be facilitated as a discussion about language, terms, what's hot, what's not, and why a million identities are better than one! Most importantly, we want to hear from you! What language makes you mad? What language feels right? What language is part of your sub-culture? This facilitated discussion will also examine how you feel language is impacted by your intersectional identities. Most of this presentation consists of small and large group discussion in which we can learn and grow together. *Angela Weeks Marlene Matarese*

### **Zines and Self-Publishing**

F3; 2:45 - 4:00 Youth Only (High School)

A DIY guide to producing original content and exploring alternative methods of print activism. *Jude Vigants*

### **Queer Sex: Safe and Consensual**

F3; 2:45 - 4:00 Youth Only (High School)

This workshop will explore a variety of safe-sex strategies with an emphasis on LGBTQ+ sexual experiences as well as the possible consequences of not engaging in safe-sex. The importance of consent will also be addressed in this interactive, discussion based workshop! *Chris Stumper*

### **Say Good-Bi to Hate! Biphobia, Homophobia and How to Respond**

F3; 2:45 - 4:00 Youth Only (High School)

Join us for a discussion on biphobia and homophobia and ways to address problematic hate speech. We will also examine the physical and mental health effects of biphobia and homophobia and let participants share their own story related to these issues. *Chris Stumper*

### **Im the atmosphere**

F3; 2:45 - 4:00 Youth Only (High School)

In this workshop we will learn the idea that you don't always have to know where you are going to take the next step. This workshop focuses on who we are becoming, as well as challenging thinking in what we are capable of through endurance exercises, which will strengthen conviction and resolution skills. We will also how, by being selective, we can also gain the right support. Though we all make mistakes, they need not be daunting; we can learn accountability and responsibility. The final, most important take-away is setting goals to maintain focus towards their future and learning how to express and communicate. *Amy Ansah*

### **Rubberwear**

S1; 10: 30 - 11:45 Youth Only (High School)

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### **Heading to the bank...Prior to starting HRT**

S1; 10: 30 - 11:45 Youth Only (High School)

California Cryobank is a reproductive tissue bank that has been around for 40 years and has helped thousands of clients preserve their fertility. We welcome everyone regardless of gender identity, gender presentation and sexual orientation. For individuals transitioning male to female, this workshop will provide a behind the scenes look at the process of sperm banking and cryopreservation. *Gabrielle Bellitti*

### **Comfort Creations**

S1; 10: 30 - 11:45 Youth Only (High School)

In this workshop, youth will be given a platform to explore, and will create a safe space internally with an opportunity to create a physical manifestation of said new-found safety. *Cadis C. Dahl Rebecca Tollingworth*



### **History of Drag and The Imperial Court**

S2 & S3; 1:15 - 4:00 Youth Only (High School)

Think Drag is the best thing in the world, or at least something awesome and fun? Well this is the workshop for you. The Imperial Sovereign Court of CT will teach you a little about drag history and themselves, then show you how to "put on face". Makeup and some attire will be provided to help make you over. People who put on drag will have an option to participate in the drag show later that night. Feel free to bring CDs for music. Both drag queens AND kings will be transformed. " *Trevor Reynolds Michael Morgan*

### **Sing Out Loud and Proud**

S2: 1:15 - 2:30 Youth Only (High School)

Members of the Hartford Gay Men's Chorus will provide a brief background about our chorus, the history of the choral movement in the LGBTQ community, and work on a piece of music that the students can perform with the chorus in the closing ceremony on Saturday afternoon. *Robert Reader Michael Winslow*

### **To Apply or Not to Apply: A College Checklist for Queer Students**

S2: 1:15 - 2:30 Youth Only (High School)

What should I look for when applying to colleges? How can I make sure I find a Queer friendly college? These questions answered, and more on scholarships and resources for navigating the college app world. *Kaylyn Bettencourt Evan Dundon Penelope Theodoropoulos*

### **Love, Respect, Honesty, Trust, Equality & Communication**

S2: 1:15 - 2:30 Youth Only (High School)

This workshop will give participants the opportunity to understand and evaluate healthy and unhealthy characteristics of romantic relationships. The workshop covers the importance of good communication, respect, honesty, equality, and self-awareness. The workshop will also bring awareness of trends of relationships to better promote a healthy relationships. *Ignacio Hereida Taylin Santiago Lance Thatcher*

### **Queering the Binary with Barbie and Ken**

S2: 1:15 - 2:30 Youth Only (High School)

Barbie and Ken are in for a big surprise. In this workshop, we will discard their boring cishet wardrobes, hairstyles, and make up, so they can express their true gender expansive, transgressive, fabulous queerness. Using real, traditional Barbie dolls, we will actually dress them as their non-binary, fluid selves. We will give them new names and pronouns, tell the group why they chose them, and what their outfits are meant to convey about their gender, expression, and sexual orientation. We will role play as our transformed dolls and create a splendid non binary world. *Carole MacKenzie, LCSW Tasha Schaedler*

### **Queer Jeopardy 2.0**

S3; 2:45 - 4:00 Youth Only (High School)

Queer Jeopardy is back! Test your lgbtq+ knowledge in this fun and competitive game of quick wits. Think you got what it takes? *Kevin Pierce Alessandra Reda Juan Roldan*

### **Insurance and Healthcare 101 for LGBT Youth**

S3; 2:45 - 4:00 Youth Only (High School)

A workshop on the basics of our healthcare system and insurance, educating LGBT youth to advocate for themselves. *Kimberly Adamski*

### **Let's Talk: a conversation about ace and aro identities**

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This will be an open discussion for humans who identify as asexual and aromantic, and humans that are still exploring these identities. Come join us if you want to share experiences, unpack questions, and connect with the community! *Sarah Dottor*

### **Who do you think you are?**

F1; 10:30 - 11:45 Youth Only (Middle School)

Identity 101. This workshop focuses on exploring the foundations of what the LGBTQ+ spectrum is and where you may land on it. Come with questions and be ready to discuss! *Matthew Candelaria Elizabeth Alonzo*

### **Linking Our Powers**

F1; 10:30 - 11:45 Youth Only (Middle School)

What's your superpower? Our workshop looks to develop a connection with everyone through jewelry, development of superhero capes, and masks. We will learn how to accept others priorities, interests, and expressions. Linking Our Powers is an art expression that will allow all participants to be free in exploring their inner being through the arts. *Joy Harris Savannah Watts Zanaii Hickey*

### **Circle-Up; Building Community**

F2; 1:15 - 2:30 Youth Only (Middle School)

Learn how to share and create community within your group at school through the 'Circle' process. *Tiffany Moyer-Washington Zuleyka Shaw Cam'ren Dixon*

### **What is Substance Abuse and How Do We Say No?**

F2; 1:15 - 2:30 Youth Only (Middle School)

The group will participate in activities highlighting how rapidly addiction takes hold, as well as some of the major life consequences. We'll also be building awareness of the significance of addiction in the LGBTQA community and the prevalence of substance abuse in general. We'll have a chance to role play scenarios to provide opportunities to practice refusal skills with peers, and end with a Q & A. *Toni Storlazzi Hannah Small-Oie*

### **Step It Up, Step It Out, and Be Heard!**

F2; 1:15 - 2:30 Youth Only (Middle School)

Step It Out, Step It Up, and Be Heard will explore the history of step as a form of expression, resistance, and entertainment. Participants will be able to learn and practice step while exploring its use as a form of emotional release as well as a tool for educating others around social issues such as safety for LGBTQ youth, homelessness, and marriage equality *Mobile Burrell Juliana Scherer Johara Suleiman*

### **Coming Out: Using Emotional Intelligence to Figure Out the When, Where, and How**

F3; 2:45 - 4:00 Youth Only (Middle School)

Making the decision to come out is one of the most important decisions you will make in your life. This decision often does not happen once, but many times and in many places. In this workshop, you will develop one of your most powerful tools--your emotional intelligence--to use in the coming out process. Through discussion and art, we will examine the role that emotions play in the beautiful process of coming out. *Sarah Free*

**That's What's UP. For Middle School Students only: MANDATORY**

F1; 10:30 - 11:45

This interactive workshop is for middle school students only. You will have fun meeting other students; find out about the conference and how the workshops work and get your own easy to use list of activities

**Intersectionality: What is this? Why Should I Care?**

F2; 1:15 - 2:30

How does your race impact your sexual orientation? How about our (dis)ability? Class Background? Gender? Let's explore the many ways our identities inform each other and impact our experience in society. *Trenda Loftin*