

# Regional Resources, Cont. (General Family)

## Adoption and Home Study Resources (LGBT-Affirming):

Rainbow Adoptions International, Inc.	<a href="http://www.rainbowadoptions.org">www.rainbowadoptions.org</a>	(860) 677-0032 (Avon)
Adoption Resource Center of Connecticut	<a href="http://www.arcct.org">www.arcct.org</a>	(860) 657-2626 (Glastonbury)
Jewish Family Services, Hartford	<a href="http://www.jfshartford.org">www.jfshartford.org</a>	(860) 236-1927 (West Hartford)
The Village	<a href="http://www.villageforchildren.org">www.villageforchildren.org</a>	(860) 236-4511

**Birth Centers:** Since the passage of various legislation in CT, most birth centers support or allow same sex partners to participate fully in the birth experience. Some are explicitly LGBT affirming, many allow birth plans and some allow partners to stay overnight. When choosing a midwife or doctor, be sure to find out which hospital they are able to use and to check with the facility to ensure that your family will be welcome there.

<b>Chiropractors:</b>	Colburn Chiropractic, LLC	(860) 730-2996 (Vernon)
<b>Day Care:</b>	Rainbow Center for Children & Families	(860) 529-5229 (Wethersfield)
<b>Fertility/Surrogacy:</b>	UConn Center for Reproductive Services	(860) 679-4580 (Farmington)
	CT Fertility Associates	(203) 373-1200 (Bridgeport)
	<a href="http://www.connecticutfertility.com">www.connecticutfertility.com</a>	(203) 855-1200 (Norwalk)
		(203) 799-1200 (Orange)
	American Fertility Association	(888) 917-3777
	<a href="http://www.theafa.org">www.theafa.org</a>	
	Growing Generations and Fertility Futures	(323) 965-7500 (Los Angeles)
	<a href="http://www.growinggenerations.com">http://www.growinggenerations.com</a>	

**Gateway Program,** Westchester Medical Center, Valhalla, NY (914) 493-1753 (New York)  
(Provides LGBT youth, group, family and couple therapy, LGBT specific substance abuse counseling, with an expertise in transgender experience)

<b>Healing Energy/Meditation:</b>	Jocelyn Lebowitz	(860) 830-1115 (Manchester)
	Marlow Shami, Natural Sense	(860) 491-2067 (Litchfield)
<b>Health Care:</b>	Hartford Gay & Lesbian Health Collective	(860) 278-4163 (Hartford) HGLHC.org
	Planned Parenthood (PPCT):	(800) 230-PLAN
	PPCT provides affordable reproductive health care services to all genders	
<b>Homeopathic/Naturopathic:</b>	Robin Ritterman, N.D.	(203) 288-8283 (Hamden)
	Natural Health Association	(203) 230-2200 (Hamden)
	Merri Korn (Acupressure, Herbal)	(860) 242-0105 (Hartford)
	<a href="mailto:mk@chineseherbshop.net">mk@chineseherbshop.net</a>	
	Nancy White, N.D.	(860) 236-2166 (West Hartford)
<b>Legal Resources:</b>	CWEALF (information & referral)	(860) 524-0601 (Hartford)
	<a href="http://www.cwealf.org/index.php">www.cwealf.org/index.php</a>	
	Greater Hartford Legal Assistance	(860) 541-5000 (Hartford)
	<a href="http://www.ghla.org">www.ghla.org</a>	
	Murphy, Murphy, Ferrara & Nugent	(203) 787-6711 (New Haven)
		(203) 255-9877 (Fairfield)
	Vincent A. Liberti, Jr.	(203) 795-2840 x 104 (Orange)
	Joseph P. Rigoglioso	(203) 922-8100 (Shelton)
	Romana Mercado-Espinoza	(860) 560-8188 (West Hartford)
	Jan Carol Rosenthal, JD	(860) 236-3332 (West Hartford)
	GLAD (Gay and Lesbian Advocates and Defenders)	<a href="http://www.glad.org">www.glad.org</a>
		(617) 426-1350 (Boston, MA)
Lambda Legal Defense and Education Fund	(212) 809-8585 (New York, NY)	
GayLawNet.com (Directory of GLBT issue attorneys)		
<b>Life Coaches:</b>	Holly McHaelen, MSW, CEC	(860) 301-2808

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### OB-GYNS:

Dr. Liliana Plisic (203) 488-8306 (Branford)  
Dr. Victoria Biondi (860) 584-4240 (Bristol)  
CCOG Women's Health Group (860) 276-6800 (Bristol)  
Dr. Amy Breakstone (860) 584-4240 (Bristol)  
Dr. Frederick Rau (860) 246-8568 (Farmington)  
Hartford Gynecological Center (860) 525-1900 (Hartford)  
[www.hartfordgyncenter.com](http://www.hartfordgyncenter.com)  
S.H.E. Medical (860) 236-5431 (Hartford, Enfield)  
Birth and Beyond, Nurse Midwives (203) 318-8884 (Madison)  
Rachel Donovan, CNM (860) 649-1120 (Manchester)  
Dr. Julie Flaggs (860) 344-9993 (Middletown)

### Pediatricians/Family Practice:

Patrick Alvino, MD (203) 481-7008 (Branford/Clinton)  
Asylum Hill Family Practice (860) 714-4212 (Hartford)  
Susan Wiskowski, MD (860) 714-2913 (Hartford)  
Minh Han, MD, Family Practice (860) 646-7178 (Manchester)  
Jay Sutay, MD (860) 644-5458 (South Windsor)  
Jerome Lahman, MD (860) 871-2102 (Vernon)  
Nima Patel, MD (860) 521-4044 (West Hartford)  
Sydney Spiesel, MD (203) 397-5211 (Woodbridge)

## Statewide and National Resources For Parents of LGBT Youth

For more information regarding programs or resources in your region, or to add your group to our existing resources database, please call us at 1-888-565-5551 or visit us on the web at: [www.OurTrueColors.org](http://www.OurTrueColors.org)

### PFLAG (Parents, Families and Friends of Lesbians and Gays): [www.pflag.org](http://www.pflag.org) (National)

#### PFLAG, Hartford

1335 Main Street, Glastonbury, CT 06033  
[hfdplag@aol.com](mailto:hfdplag@aol.com)

[www.pflaghartford.org](http://www.pflaghartford.org)

(860) 633-7184  
(860) 633-5111  
(860) 231-8582 Transgender Issues

Meets the 3<sup>rd</sup> Wednesday at the Immanuel Congregational Church, 10 Woodland Street in Hartford at 7:30 PM. Members publish a bi-monthly newsletter, provide Helpline services, offer informational pamphlets, books and tapes, maintain a speakers bureau and work within the Greater Hartford Area for affirming families, safe schools, inclusive faith communities and informed lawmakers.

#### PFLAG, Greater New Haven

[greaternewhavenpflag@yahoo.com](mailto:greaternewhavenpflag@yahoo.com)

(203) 458-0493

Meets the 3<sup>rd</sup> Tuesday at 7:30 PM at the Church of the Redeemer, 185 Cold Spring Street, on the Corner of Whitney Ave & Cold Spring Street, New Haven. Offers speakers on topics of interest, resources and social/emotional support for families.

#### PFLAG, New London

[pflagsect@snet.net](mailto:pflagsect@snet.net)

(860) 447-0884

Meets the second Monday of each month, in the basement meeting room of the Noank Baptist Church (a welcoming and affirming church); 18 Cathedral Heights in Noank. Meetings start at 7:00 PM.

#### PFLAG, Southwestern

PO Box 16703, Stamford, CT 06905-8703

[Pflagswct@yahoo.com](mailto:Pflagswct@yahoo.com)

(203) 226-0257  
(203) 322-5380

One of the oldest PFLAG chapters in the state, the Southwestern meets the 1<sup>st</sup> Wednesday of every month at the Triangle Community Center, 16 River Street, Norwalk. They have published their newsletter, The Voice, since 1989; have monthly meetings of a spouse group; get publicity, arrange workshops, provide speakers, donate books to public libraries, and sponsor fund-raisers and promote political awareness.

#### Family OUTreach:

(860) 521-4072, ext. 384

A social/support group for parents of GLBT teens \$10 per session  
The Bridge Family Center, 1022 Farmington Avenue, West Hartford, CT 06107  
To sign up for the group, please RSVP to Jennifer Sanford in a confidential voicemail by calling (860) 521.4072, ext. 384 (space limited).

# Therapists

Avon	Steven Polesel, LCSW, ACSW, BCD Laura Ann Kramer, APRN	(860) 404-0463 (860) 404-0463
Branford	Jodi Silverman, LCSW	(203) 589-1456
Bridgeport	Phil Guzman, Ph.D. Ingrid Rojas	(203) 394-6529 (203) 449-5922 (Bilingual: Spanish/English)
Cheshire	Debra Horvath, LCSW	(203) 272-3055
Ellington	Karen McDaniel, PhD	(860) 798-5975
Fairfield	Luke Gilleran	(203) 520-3465
Hartford	Bob Belliveau, LCSW Jayne Dean, Ph.D. Derek Franklin, Psy.D. Carlyn Glaser M.S. Mara Lieberman, MA. MFT Elliott Strick, LMFT Counseling Center of Greater Hartford	(860) 521-1507 (860) 233-4830 (800) 975-2198 (860) 523-9563 (860) 874-3522 (860) 231-8459 (860) 521-9299
Mansfield	Gary Kanabay, LCSW Jamie Krall, LCSW Loretta Wrobel, LSCW	(860) 456-4604 (860) 456-4604 (860) 429-2629
Marlborough	Nicolette M. Banbury, MS, LPC James Govoni, LPC	(860) 295-0396 (860) 295-0227
Meriden	Patricia Roman, MA. Psy.D(c)	(203) 599-1391 (Transgender expertise)
Middletown	Richard Englehart, LCSW Russ Harrington, LCSW Virginia Houghtaling, LCSW Logan Green, PhD, Michael Haymes, PH.D	(860) 343-6644 (860) 343-5084 (860) 343-5385 (860) 635-2393
Mystic	Linda Duran, LMTC	(860) 536-8804
New Haven	Joseph Fitzgerald Irwin Krieger, LCSW Jodi Rowell, MSW (Clifford Beers Clinic)	(203) 789-0560 (203) 776-1966 (Transgender expertise) (203) 772-1270
New London	Alicia Peña	(860) 447-0888 (Bilingual: Spanish/English)
Northampton, MA	Douglas Arey LISW Pat Jenkins LISW	(413) 586-7377 (413) 584-2590
Old Saybrook	Marguerite Ruppenicker, Phd	(860) 388-9882
Prospect	Mara Lieberman, MA. MFT	(860) 874-3522
Simsbury	C. Dianne Zweig	(860) 675-7763
Stamford	Dianne Hyatt, MSW Child Guidance Center	(203) 964-1847 (203) 324-6127
Tolland	Kathy Hayes, LCSW	(860) 875-2578
Torrington	Peter Papallo, LCSW	860-416-6178 (Transgender expertise)
Trumbull	Maria Castillo Michael Saad, LCSW	(203) 445-8966 (Bilingual: Spanish/English) (203) 459-1666
Vernon	Robin Hoberg, Ph.D.	(860) 870-1144 (Transgender expertise)
Waterbury	Kitty Bhide, LCSW Alfred Joyell, PhD	(203) 573-1291 (203) 753-8336
Wethersfield	Joy M. Burchell, LCSW Sharon Cutts, LCSW Milly Montalvo-Stewart, LCSW Inéz Schroeder, Psy.D (Bilingual) Regina Wilson, Ph.D.	(860) 571-0055 (860) 529-9577, ext 2 (860) 571-0055 (Bilingual: Spanish/English) (860) 571-0055 (Bilingual: Spanish/English) (860) 571-0055
West Hartford	Lisa Ciorciari, MA, LPC Elaine Knowlden, LCSW Tina La Porta, MFT, LPC, LADC West Hartford Counseling Center C. Dianne Zweig Women's Center for Psychotherapy	(860) 236-3649 (Transgender expertise) (860) 570-4800 (Transgender expertise) (860) 804-4000 (also in South Windsor) (860) 233-4830 (860) 675-7763 (860) 523-4450
Westport	Connie Cohen, LCSW	(203) 454-6722
Windsor	Timothy Nance, PhD Spectrum Psychotherapy Centers, LLC	(860) 683-2352 (860) 722-3019
Woodbury	Robert S. McWilliam, MD David VanHandel, LCSW	(203) 266-0404 (203) 263-2537

# LGBT Parents and Their Children

## List Serves/On-line Support

**EMAIL Lists regarding LGBT family events/activities/programs:** [www.OurTrueColors.org](http://www.OurTrueColors.org)

**Monthly e-newsletters for LGBT parents & their children:**

[www.familieslikemine.com](http://www.familieslikemine.com) [www.familyequality.org](http://www.familyequality.org) [www.lesbianlife.about.com/cs/parenting/index.htm](http://www.lesbianlife.about.com/cs/parenting/index.htm)

**Children of Lesbians and Gays Everywhere (COLAGE):** (415) 861-5437

1550 Bryant St, Suite 830, San Francisco, CA, 94103 or visit their web site at: [www.COLAGE.org](http://www.COLAGE.org), [colage@colage.org](mailto:colage@colage.org)

**On Line Discussion Groups for the children of LGBT parents (closed lists require an LGBT parent to join, moderated by COLAGE members):** to sign up for discussions: [www.colage.org/online-resources.html](http://www.colage.org/online-resources.html)

**Love Makes a Family:** Coalition working on legislative issues regarding LGBT Family Relationships such as Civil Marriage.  
576 Farmington Ave, Hartford, CT. (860) 525-8888 [www.LMFCT.org](http://www.LMFCT.org)

**National Adoption Information Clearinghouse: Gay and Lesbian Adoptive Parents:**

<http://adoption.about.com/od/gaylesbian/>

## Summer Camps: (for the children of LGBT parents)

<b>Camp OUT (North Central MA)</b>	(617) 868-7739
<b>Mountain Meadow (NJ)</b> <a href="mailto:inquiries@mountainmeadow.org">inquiries@mountainmeadow.org</a>	(215) 772-1107
<b>Shire Village Camp (MA)</b>	(718) 622-8204
<b>The Camp Lady (advisory service)</b> <a href="http://www.camlady.com">www.camlady.com</a>	(888) 873-6363

## Other Resources for Families:

<b>Magazines:</b>	<b>Gay Parent Magazine</b> <a href="http://www.gayparentmag.com">www.gayparentmag.com</a>	(718) 997-0392
	<b>Proud Parenting</b>	<a href="mailto:info@proudparenting.com">info@proudparenting.com</a>
	<b>Rainbow Rumpus (for youth with LGBT parents)</b>	<a href="http://www.rainbowrumpus.org">www.rainbowrumpus.org</a>
<b>Books:</b>	<b>Two Lives Publishing:</b> <a href="http://www.TwoLives.com">www.TwoLives.com</a>	(877) 543-3899
	<b>Family Equality Coalition</b>	<a href="http://www.familyequality.org">www.familyequality.org</a>
<b>National Resources:</b>	<b>Center for Lesbian Rights</b> <a href="http://www.nclrights.org">www.nclrights.org</a>	(415) 392-6257
	<b>COLAGE (children of LGBT parents)</b> <a href="http://www.COLAGE.org">www.COLAGE.org</a>	(415) 861-5437
	<b>Families like Ours</b> <a href="http://www.familieslikeours.org">www.familieslikeours.org</a>	(877) 230-3055
	<b>Family Equality Council</b> <a href="http://www.familyequality.org">www.familyequality.org</a>	(202) 331-5015
	<b>Families Joined by Love</b> <a href="http://www.familiesjoinedbylove.com">www.familiesjoinedbylove.com</a>	(908) 860-6695
	<b>Family Pride</b> <a href="http://www.familypride.org">www.familypride.org</a>	(202) 331-5051
	<b>Gay &amp; Lesbian Advocates (GLAD)</b> <a href="http://www.glad.org">www.glad.org</a>	(617) 426-1350
	<b>Lambda Legal (LAMBDA)</b> <a href="http://www.lambdalegal.org">www.lambdalegal.org</a>	(212) 809-8585
	<b>Straight Spouse Network</b> <a href="http://www.straightspouse.org">www.straightspouse.org</a>	(201) 825-7763
	<b>The Rainbow Babies</b> <a href="http://www.therainbowbabies.com">www.therainbowbabies.com</a>	

## Social and Support Groups for LGBT parents and/or their children

**CT COLAGE:** for children 8-12 and their families: (860) 922-3868, [colagect@yahoo.com](mailto:colagect@yahoo.com)

**Families By Choice:** Meets approximately monthly in the Eastern part of the state on Saturday or Sundays for potlucks, occasional camping trips and other events. Call Tirza at (860) 456-1110 for more information. [Tirza\\_roda@sbcglobal.net](mailto:Tirza_roda@sbcglobal.net)

**New Haven Area:** Monthly get-togethers for LGBT families. Call Robin or Barb at (203) 389-8922 for more information.

**Greater New Haven:** Monthly Social events for LGB parents & their children (8-14 years old). [AAMKathleen@aol.com](mailto:AAMKathleen@aol.com)

**LGBT Parent Group:** Triangle Community Center, 4<sup>th</sup> Wednesday, 7 – 8:30 PM, (203) 366-3353 or [crowetar@optonline.net](mailto:crowetar@optonline.net)

**WEWOK: (We're Everywhere With Our Kids).** Brings together LGBT parents with school aged children for various activities. (New London Area). Email: [wewok1@yahoo.com](mailto:wewok1@yahoo.com) for info.

**CT Kids and Families:** Meets in Fairfield, CT. Call Victoria at (203) 256 8414, [vferr40218@aol.com](mailto:vferr40218@aol.com)