

January 2009

True Colors

Newsletter

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January is National Mentor Month!

Rainbow Idol

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Healthy Relationships GSA Guide

GSAs at the State Capitol

Open Mic at the Rainbow Room

January is
National Mentoring Month

Attend our
New Mentor Training
January 21st 2009
10am-4pm

True Colors Office
945 Main St.
Suite 211
Manchester, CT

Please RSVP to 860.649.7386

Our January 10th True Colors Mentoring Program Holiday Party needs your contributions, such as:

Gifts for mentees

Food donations

Talent

Entertainment

Palm Reading Skills

Massage Skills

Quick Craft Ideas

Group Games Facilitators

YOU ARE INVITED TO A TRUE COLORS
MENTOR PROGRAM
OPEN HOUSE

Where: St. Joseph College

1678 Asylum Ave.

West Hartford, CT 06117

Mercy Hall-Crystal Room

When: Wednesday, January 21st

Time: 6:00-8:00pm

Please join us to learn more about our True Colors Mentoring Program; hear from our Mentors and Mentees and find out what you can do to help. Please bring other individuals who may be interested in learning more about us. Refreshments will be served.

Please R.S.V.P. by calling 860-649-7386 by Friday, January 16th

True Colors XVI Presents



Winners will be able to perform their talent on television as part of Community Auditions – the longest running talent show in America. The Star of the day lights up Television screens from Maine to Connecticut and from Provincetown to Lake Champlain. This could be YOUR BIG CHANCE to shine!

Step One: Make a (two minute or shorter) video of yourself and your talent (sing, dance, do magic, perform spoken word, etc. Showcase your talent!)

Step Two: Post your video on YOUTUBE

Step Three: EMAIL the YOUTUBE LINK to: RainbowIdol@gmail.com.

Be sure to include the following information for everyone on the video:

Name, address, age, a daytime phone number, and email address.

Deadline for submissions is Saturday, January 31st, 2009.

Online votes will determine the top 3 contestants.

Everyone at the conference will then vote for one of these top 3!

The Winner will Perform at the conference close on Friday March 13th.

Call Robin at 860-649-7386, ext 201 or by email at robinmchaelen@sbcglobal.net



Workshop Preview

- ◇ The Bible: Word of Death or Voice of Hope for LGBT People
- ◇ From the Nightmare of Ex-Gay to the Blessing of Drag
- ◇ Behind the Big Screen: Sex in Film Through the Years
- ◇ Heteroflexibility, Bi-Curious, Straightish, and A Little Bit Not Gay: What Do We Mean

Early Conference Registration

Deadline Approaching

[Click to Register](#)



**Connecticut LGBT Youth
Get HEARD!**

Join the LGBT Youth Movement

???HOW???

Attend the New Britain GSA Summit!

Saturday

January 17th 2009

12pm-4pm

New Britain High School

110 Mill Street in New Britain

Pizza Included

Discuss: Gender Identity and Expression in CT

How youth will play a **major role** in LGBT politics **NOW**

PLUS: GSA Organizing + HIV/AIDS Education



Discussion Questions

- ◇ What is love?
- ◇ What is a healthy relationship? How do you know?
- ◇ Dating—who, what, where, why, how?
- ◇ Are sex and intimacy the same thing?
- ◇ Is it OK to wait?
- ◇ How can you be safe?
- ◇ What does the media tell us about relationships?
- ◇ What are some of the messages about men and women we see in the media?
- ◇ Brainstorm a list of typical and atypical gender roles that we see in the media. How does this make you feel?

Relationships & Abuse
Relationships & Abuse

[Rainbow Domestic Violence](#)

[National Domestic Violence Hotline](#) 1.800.799.7233

[Signs of an Abusive LGBT Relationship](#)

East Hartford High School LGBT Support
Group
and Gay/Straight Alliance Host

CELEBRATING 25 YEARS
HGLHC
Hartford Gay & Lesbian
Health Collective
Be Well. Be Yourself.

OPEN MIC at the RainbowRoom

*Read a poem, sing a song, play an instrument, tell your story,
solo or with a friend. Project your voice!*

All Lesbian/Gay/Bisexual/
Transgender/Questioning/Etc. teens and young adults
(thirteen to twenty-one)
are welcome to perform or to support their peers.

FREE, and snacks are provided

Sunday, January 18, 2009
3-6 pm

at the Hartford Gay and Lesbian Health Collective
1841 Broad St., Hartford, CT 06114
(860) 278-4163

Please e-mail sendo@wesleyan.edu with questions
or if you are considering performing. Spontaneous
performances also welcome.

Check out the RainbowRoom on [MySpace](http://www.myspace.com/hartfordrainbowroom): [http://www.myspace.com/
hartfordrainbowroom](http://www.myspace.com/hartfordrainbowroom)

[On Facebook](#): Search Groups for "RainbowRoom"

Be there!!!

Please print and distribute the quarter size leaflets on the following page.

East Hartford High School LGBT Support Group and
Gay/Straight Alliance Host

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