

# INCLUSIVE SPIRITUAL INSTITUTE

## WHAT IT IS:

A privately financed, independent Two-Day Spiritual Institute celebrating our diversity as spiritual, gendered and sexual beings.  
(March 12-13<sup>th</sup>, 2010, UCONN, Storrs)

A statewide series of programs inspiring religious communities and spiritual groups across Connecticut to host welcoming activities during the weekend & throughout the year in their own places of worship. A list of those activities will be available at the Institute and on-line.

## WHERE IT IS:

The Spiritual Institute will be held adjacent to the annual True Colors conference on March 12 – 13<sup>th</sup>, 2010 at the University of Connecticut in Storrs.

The Spiritual Institute is **free** with an opportunity for a free will donation. Lunch will be available for purchase (\$10) on a first-come, first-served basis.

## TO REGISTER:

Call: 860.232.0050, ext 301  
888-565-5551, ext 301

Email: [director@ourtruecolors.org](mailto:director@ourtruecolors.org)

# CHANGING THE WORLD ONE HEART AT A TIME.

Who we are: A coalition of interested individuals and communities of faith organized by True Colors, Inc. Sexual Minority Youth and Family Services of Connecticut. Email Robin McHaelen at [director@ourtruecolors.org](mailto:director@ourtruecolors.org) for a list of members

# Do ONE Thing!



**Big or small, every step toward inclusion makes a difference!**

Whether your spiritual community is in the beginning of its thinking about inclusion, or has open and affirming/welcoming for years, there is at least **ONE THING\*\* YOU CAN DO!**

**Here is a list of ideas to get you thinking.**

- **Collect and put out literature** about LGBT spirituality or LGBT issues or programs or organizations that support LGBT youth, adults or families
- **Host a before, in-between, or after service discussion** about an LGBT topic like:
  - Being LGBT within your spiritual traditions
  - What it means to be radically inclusive
  - Host a LGBT youth panel
  - LGBT 101
  - When a child comes out
  - Inclusive analysis of passages in religious texts
  - LGBT folks telling our stories
- **Put up safe zone stickers** or wear ally pins
- **Write and deliver a sermon** on the topic
- **Include an article** about LGBT spirituality in your newsletter or on your website
- **Hold a community discussion**
- **Join a “SPIRITUAL SPEED DATING” PROGRAM:** Specific inclusive spiritual tradition will be highlighted each week over an 8 week period in the Spring, 2010. Communities within that tradition will be encouraged to host an inclusive activity or program or service targeting newcomers. What a great opportunity to introduce potential new congregants to a faith tradition. The list will be available on a number of websites

**\*\*If you want your ONE THING to be included in the guide we are producing for the Institute, be sure to call us at 888.565.5551, ext 302 and tell us what, when, and where!**

